



GUIDED BIOFILM THERAPY (GBT)

A Gentler, More Effective Professional Dental Cleaning

WE HAVE UPGRADED OUR CLEANING SYSTEM!

We are excited to offer **Guided Biofilm Therapy (GBT)** – a modern, gentle approach to professional teeth cleaning that focuses on removing dental biofilm (plaque and bacteria) while maximizing your comfort.

WHY IS BIOFILM IMPORTANT?

Dental biofilm is the main cause of:



Cavities
(tooth decay)



Gum (periodontal)
disease



Implant
infections

Research has also shown that periodontal (gum) disease may increase the risk of certain systemic health conditions.



Good home care combined with regular professional cleanings helps keep biofilm under control and supports both oral and overall health.

WHAT TO EXPECT DURING YOUR GBT CLEANING

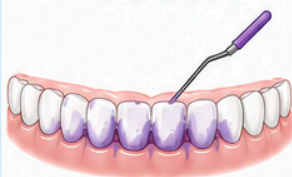
Your appointment may include the following steps:

1 OPTIONAL SOFT LIP RETRACTOR



- Helps improve visibility and access during your cleaning.

2 BIOFILM REVEALING DYE



- A temporary, safe dye is applied to highlight areas where plaque and bacteria have accumulated.
- This allows us to target only the areas that need cleaning.

3 AIRFLOW® GBT CLEANING



- Uses a gentle combination of warm water, air, and fine erythritol powder (a sugar alcohol) to remove biofilm and stains.
- Eliminates the need for traditional polishing.
- Most patients describe it as feeling like a warm water spray on the teeth and gums.

4 PIEZON® GBT CLEANING



- A gentle ultrasonic scaler that removes any remaining bacteria.
- Feels like warm water with gentle pressure on the teeth.
- Designed for maximum comfort while protecting your teeth and gums.

GBT IS SAFE AND EFFECTIVE FOR CLEANING AROUND:



Natural
teeth



Tooth
enamel



Root
surfaces



Gum
Tissue



Fillings



Inlays &
onlays



Crowns



Veneers



Braces



Bridges



Dental
implants



QUESTIONS?

We're happy to answer any questions you have about Guided Biofilm Therapy (GBT) and help you understand how this advanced cleaning technology can support your oral health.



THANK YOU

for trusting us
with your smile!